



PMT Presents

DSAGC Roots & Shoots: Little Achievers

Date: December 15, 2017

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OVERVIEW

Music therapy as defined by AMTA: clinical & evidence-based use of music interventions to accomplish personal goals within a therapeutic relationship by a credentialed professional who has completed an approved MT program.

GOALS & INTERVENTIONS

Goal areas include cognitive, pre-academic, language and communication, social and emotional, physical, physiological, sensory and behavioral.

Music therapy interventions may include music listening, singing, instrument playing, moving to music, composing or improvising music, etc. Data collection methods may include Individual Music Therapy Assessment Profile, Progress Notes, and audio/video recordings.

MILESTONES: Developmental/Musical

2 months: Coos/makes gurgling sounds/Vocalizes on one tone.

1 year: Pulls to stand/walks holding onto furniture/Moves to music with separate body parts

3 years: Says words like "I," "me," "we".../Sings words, rhythms and pitch of entire song along with others

4 years: More creative with make believe play/Explores different sounds of instruments

5 years: Likes to sing, dance and act/Follows movement directions to simple dances

RESEARCH FINDINGS

“[M]usic has the potential to enhance communication development” (Pinaar, 2012)

“In both speech and music, rhythm and sound are primary elements and all elements of music may be integrated into a speech-language program” (Birkenshaw, 1994; Wilmot, 2004)

WHERE & HOW

Music therapy is a related service under Individuals with Disabilities Education Act (IDEA). Can be included on IFSP under Part C of IDEA for “Other Services.”

Direct services are individual or small group settings. Music therapists also instruct adapted lessons.

Private pay, FSA. Reimbursement pends licensure - Georgia is a great role model!

MORE INFORMATION

[American Music Therapy Association](#)

[Certification Board for Music Therapists](#)

[Piedmont Music Therapy, LLC](#)

[Music Therapy Association of North Carolina](#)

[Music Therapy Association of South Carolina](#)

RESOURCES

[Bee Mighty](#)

[imagine Early Childhood Music Therapy Magazine \(ParentsCan Section\)](#)

[Kids with PossAbilities](#)

MUSIC BASED SENSORY GROUP 1-1:30pm

1:30-2pm **MUSIC MAKERS - SIBLINGS WELCOME**

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Friday 12/15