



# Piedmont Music Therapy

2 Credit CMTE

**Friday, August 30, 2024 / 9:00am - 10:50 a.m. (EST)**

**TRAINING TITLE:** Practical Ways to Better Incorporate and Play The Piano

**INSTRUCTOR:** Dr. Theresa Camilli, MT-BC

**ABSTRACT:** Music therapists will be invited to strengthen their piano clinical competence in this exploratory workshop. Practice strategies will be shared to assist with increasing aptitude in sight reading and employing primary chord progressions with a diverse range of accompaniment options.

Piano is a highlight and attraction for some clients. Increasing the therapist's span of musical offerings will therefore engage additional clients and thus, increase one's therapeutic efficiency. Inpatient and outpatient examples will illustrate keyboard-use in varied clinical settings; attendees will problem-solve in order to discover additional ways to incorporate the piano into their clinical settings.

Although piano is clearly valued through AMTA's list of competencies and CBMT Certification Domains, music therapists whose secondary instrument is the piano often express apprehension in clinically utilizing the keyboard. Even pianists - having solely focused on repertoire development - can sometimes neglect the instrument due to lack of proficiency training. This workshop will be an experiential course that utilizes various formats: lecture, demonstration, handouts and attendee participation on keyboard/piano. The experiences shared from the multi-dimensional presenter\* will allow attendees to explore tangible practice strategies that will lead to greater piano competence for the benefit of clients' treatment. Additionally, attendees will be encouraged to identify possible treatment domains that the piano/keyboard supports (CBMT Certification Domain III.A.5.f.3."). This workshop will be an experiential course that utilizes various formats: lecture, demonstration, handouts and attendee participation on keyboard/piano.

This professional course will occur live on Saturday, June 1, 2024 from 9:00am (EST) until 10:50am (EST) with a video/audio recording available for those that are unavailable for the synchronous opportunity (in-person). Completion of this 2 credit CMTE does not ensure that the participant is currently a Board-Certified Music Therapist (MT-BC). Verify music therapy board certification status and eligibility at: [www.cbmt.org](http://www.cbmt.org).

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*Practical Ways to Better Incorporate and Play The Piano is approved by the [Certification Board for Music Therapists](http://www.cbmt.org) (CBMT) for 2 Continuing Music Therapy Education credits. The Approved Provider #P-175, Piedmont Music Therapy, maintains responsibility for program quality and adherence to CBMT policies and criteria. This course does not meet any ethics requirement.*

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### **LEARNER OBJECTIVES:**

1. Participants will play basic chord progressions on piano (I-IV-V; i-iv-V) in several keys with varied accompaniment patterns (V.A.3)
2. Attendees will develop sight reading skills in order to learn simple compositions and song accompaniments that incorporate primary chord progressions; attendees will discuss articulations and tempi that support therapeutic objectives (II.D.1)
3. Attendees will identify 2 ways to make the piano/keyboard more accessible for clients.

**EVALUATION METHOD:** Course evaluation will include the CMTE Course Evaluation Form and opportunity for attendees to play exercises on a keyboard/piano. (If asynchronous, attendee will share recording within their eval form in post-survey.)

**INFO ON PRESENTER:** Dr. Theresa Camilli teaches individual piano lessons and class piano, and she also serves as a collaborative pianist for student recitals at Northern Michigan University. She completed her PhD (Music Education, Emphasis in Piano Pedagogy) at the University of Oklahoma in 2010. Prior to her doctoral studies, she earned a Bachelor of Arts degree in Psychology and a Bachelor of Music degree in Music Therapy from Loyola University in New Orleans, LA. She completed her Master's degree in Music Therapy at the University of Iowa and has worked as a Board-Certified Music Therapist. Dr. Camilli has also held faculty positions at the University of South Carolina and Alverno College (teaching Applied Piano and Piano Pedagogy courses), and from 2010-2016 she was the Coordinator of Group Piano Curriculum and Graduate Piano Pedagogy at the University of Northern Iowa. Dr. Camilli is author of **“Functional Piano Skills within Clinical Music Therapy Practice” Chapter contribution** Published (August 2019) *American Music Therapy Association textbook: “Music Therapy: An Introduction to the Profession”*

### **CMTE Schedule:**

8:45am Lobby Opens
9:00 - 9:30am Review of Keyboard Technique
9:30 - 9:50am Explore Practice Strategies
9:50am - 9:55am Break
9:55am-10:15am Clinical Examples & Resources
10:15 - 10:35am Group Exercise
10:35 - 10:45am Wrap-up
10:50 - 11:00am Digital Evaluation Sent & distribution of e-certificates

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**LOCATION:** This training will occur at 224 Westinghouse Boulevard, Suite 608, Charlotte, NC 28273. For registrants unavailable for in-person training, a recording will be available for asynchronous learning on June 10, 2024.

**REGISTRATION:** Click “Continuing Ed” on [PMT Website](#) for online registration. Email Gretchen Benner at [director@piedmontmusictherapy.com](mailto:director@piedmontmusictherapy.com) with any questions or call (803) 206-2044. Registration is not guaranteed on site.

**COST:** \$35 Professional Registrant *(registered online by July 15, 2024 to ensure enough registrants for traveling presenter)*

**CANCELLATION & REFUND POLICY:** A full refund will be provided to registrants if training is canceled due to less than 4 professionals registered for this course. Refunds will not be provided for registrant cancellations on or after July 8, 2024.

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