

Frequently Asked Questions: Stroke Patients

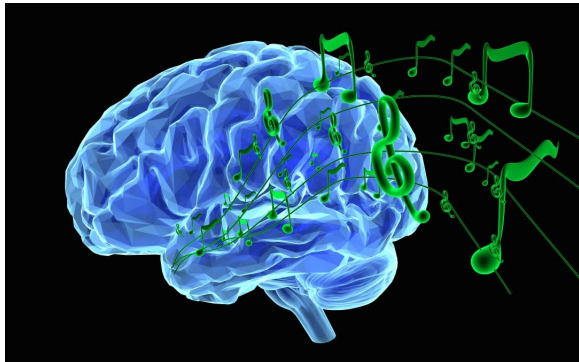


Photo Credit: [Creative Keys Music Studio](#)

What is Music Therapy?

Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. ([American Music Therapy Association Definition, 2005](#))

Therapeutic Outcomes

When treatment is recommended, goal areas may address:

- Improve speech
- Improve balance and gait
- Organize motor movements
- Increase memory, attention and focus
- Improve mood
- Increase social interaction
- Rehabilitation, development and maintenance of functional behaviors

Research

Electronic keyboard playing may improve hand function related to hand grip, pinch, strength and velocity. (Chong, et al, 2017)

Music speech protocol that used both rhythmic exercises and singing had improved speech outcomes for persons with dysarthria (Cohen, 1992)

Intake & Assessment Process

Completion of an [Intake Form](#) starts the process for individual treatment. A comprehensive music therapy assessment will be conducted to evaluate musical and non-musical skills. Pending evaluation results, clients may receive sessions once or twice per week for 30 or 45 minutes in length.

Service Options: Individual and Group Music Therapy Treatment

CONTACT

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